

The Islamic University, Najaf

College of Medical Techniques

Department of Radiology Techniques



# ATOMIC PHYSICS

2022-2023

## LECTURE (3) : TYPES OF RADIATION



## **Radiation**

Radiation, or radiant energy, is energy in the form of waves or particles moving through space. Visible light, heat, radio waves, and alpha particles are examples of radiation. When people feel warmth from the sunlight, they are actually absorbing the radiant energy emitted by the sun.

Electromagnetic radiation is radiation in the form of electromagnetic waves; examples include gamma rays, ultraviolet light, and radio waves. Particulate radiation is radiation in the form of particles; examples include alpha and beta particles. Radiation also is characterized as ionizing or nonionizing radiation by the way in which it interacts with matter.

## **Ionizing Radiation**

Normally, an atom has an equal number of protons and electrons; however, atoms can lose or gain electrons in a process known as ionization. Some forms of radiation can ionize atoms by “knocking” electrons off atoms. Examples of ionizing radiation include alpha, beta, and gamma radiation. Ionizing radiation is capable of changing the chemical state of matter and subsequently causing biological damage and thus is potentially harmful to human health.

### Alpha particles ( $\alpha$ )

Alpha particles are made up of two protons and two neutrons each and that carry a double positive charge. Due to their relatively large mass and charge, they have an extremely limited ability to penetrate matter. Alpha radiation can be stopped by a piece of paper or the dead outer layer of the skin. Consequently, alpha radiation from nuclear substances outside the body does not present a radiation hazard. However, when alpha-radiation-emitting nuclear substances are taken into the body (for example, by breathing them in or by ingesting them), the energy of the alpha radiation is completely absorbed into bodily tissues. For this reason, alpha radiation is only an internal hazard. An example of a nuclear substance that undergoes alpha decay is radon-222, which decays to polonium-218.

### Beta radiation ( $\beta$ )

Beta radiation consists of charged particles that are ejected from an atoms nucleus and that are physically identical to electrons. Beta particles generally have a negative charge, are very small and can penetrate more deeply than alpha particles. However, most beta radiation can be stopped by small amounts of shielding, such as sheets of plastic, glass or metal. When the source of radiation is outside the body, beta radiation with sufficient energy can penetrate the body's dead outer layer of skin and deposit its energy within active skin cells. However, beta radiation is very limited in its ability to penetrate to deeper tissues and organs in the body.

Beta-radiation-emitting nuclear substances can also be hazardous if taken into the body. An example of a nuclear substance that undergoes beta emission is tritium (hydrogen-3), which decays to helium-3.

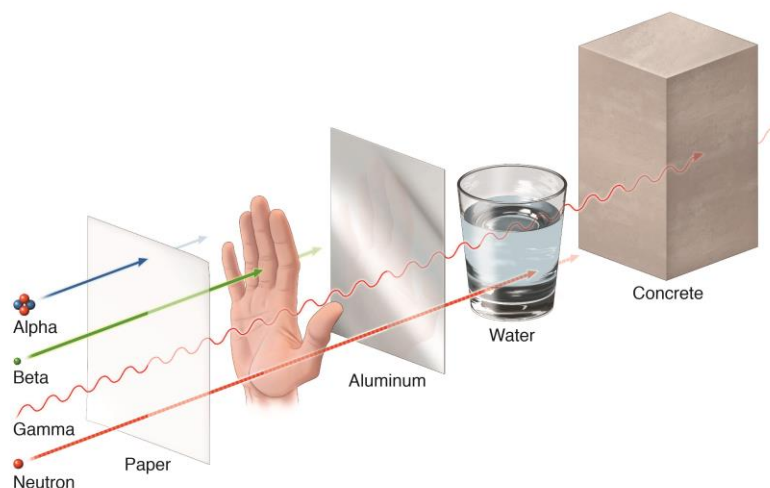
### Photon radiation (gamma [ $\gamma$ ] and X-ray)

Photon radiation is electromagnetic radiation. There are two types of photon radiation of interest for the purpose of this document: gamma ( $\gamma$ ) and X-ray. Gamma radiation consists of photons that originate from within the nucleus, and X-ray radiation consists of photons that originate from outside the nucleus, and are typically lower in energy than gamma radiation. Photon radiation can penetrate very deeply and sometimes can only be reduced in intensity by materials that are quite dense, such as lead or steel. In general, photon radiation can travel much greater distances than alpha or beta radiation, and it can penetrate bodily tissues and organs when the radiation source is outside the body. Photon radiation can also be hazardous if photon-emitting nuclear substances are taken into the body. An example of a nuclear substance that undergoes photon emission is cobalt-60, which decays to nickel-60.

### Neutron radiation (n)

Apart from cosmic radiation, spontaneous fission is the only natural source of neutrons (n). A common source of neutrons is the nuclear reactor, in which the splitting of a uranium or plutonium nucleus is accompanied by the emission of neutrons. The neutrons emitted from one

fission event can strike the nucleus of an adjacent atom and cause another fission event, inducing a chain reaction. The production of nuclear power is based upon this principle. All other sources of neutrons depend on reactions where a nucleus is bombarded with a certain type of radiation (such as photon radiation or alpha radiation), and where the resulting effect on the nucleus is the emission of a neutron. Neutrons are able to penetrate tissues and organs of the human body when the radiation source is outside the body. Neutrons can also be hazardous if neutron-emitting nuclear substances are deposited inside the body. Neutron radiation is best shielded or absorbed by materials that contain hydrogen atoms, such as paraffin wax and plastics. This is because neutrons and hydrogen atoms have similar atomic weights and readily undergo collisions between each other.



## Nonionizing Radiation

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Nonionizing radiation bounces off or passes through matter without displacing electrons. Examples include visible light and radio waves. Currently, it is unclear whether nonionizing radiation is harmful to human health. In the discussion that follows, the term radiation is used to describe ionizing radiation.